



MAC Annual General Meeting

Our Lady of the Mountains Roman Catholic Church Hall
Whistler, British Columbia
April 8, 2013

1.0 CALL TO ORDER

Vice President Bruce Hawkshaw called the 18th Annual General Meeting of the Mature Action Community of Whistler to order at 7:05 PM. Vice-Pres. Hawkshaw as the facilitator of the AGM, welcomed members to the meeting and introduced the Executive Members at the table: Marg Pallot (Membership & Nominating Chair), Mark Watson (Treasurer) and Sue Lawther (President).

2.0 APOLOGIES

none

3.0 VALIDATION AND QUORUM

Vice-Pres. Hawkshaw confirmed notice of the meeting was posted in local newspapers and the notice and agenda were circulated to MAC members and placed on the MAC website in compliance with requirements.

Membership Chair confirmed attendance was 12 members over the required quorum of 20% and the meeting lawfully opened.

4.0 MINUTES OF PREVIOUS MEETING – March 28, 2011

It was moved by B. Sandkuhl, Seconded by S. Murl that the Minutes be approved as circulated. Motion carried.

5.0 REPORTS

5.1 President's Report (S. Lawther)

Our path remains much the same, as we progress towards our long term goal – that is making Whistler a place where seniors can 'age comfortably in-place' - and our focus includes both the creation of more affordable housing for seniors, and meeting the health and social needs of seniors in our community

- Once again it is my pleasure to provide you with an update on MAC's activities
- In January we sat down with Bernie Lalor-Morden and revisited our vision and mission statement. It had been 18 years since we last did this, and some things have changed during that time so we thought it appropriate to update our image.

 **Vision** : *Our Vision is a welcoming, supportive community where Whistler residents 55+ comfortably age in place and are valued for what they do.*

 **Mission Statement** : *Our mission is to identify opportunities then advocate for policies and programs that will move our vision into reality.*

- And the Board agreed unanimously on a name tweak ... the ***Mature Action Community*** which more accurately represents what we are and makes it much clearer as to what people are joining. In undertaking a membership drive we felt people would be much more comfortable joining a community as opposed to a committee. In most cases, we are simply asking people to add their “voice” to the community so we can garner critical mass. We are not asking them to donate volunteer hours and expertise (unless they want to, of course!) which can be very off putting ... and the simple change of the C in MAC from Committee to Community gives a whole different perception.
- our focus includes both the **creation of more affordable housing** for seniors, and meeting the **health and social needs** of seniors in our community
- our **MEMBERSHIP** is down this year from 245 to 212 individuals
- **ACTIVITIES** such as the Seniors Ski Team & Seniors Fitness Classes are on-going successes, and the start up of a Seniors’ Drop In Centre at the WB Social Services Centre has been very successful with over 290 participants since opening in October
- And of course **our members are always busy volunteering** throughout our community – in the village, on the mountains, and most recently for the new trails rehabilitation project
- Our **COMMUNICATIONS** underwent a redesign this year with a new website and a Facebook page. Features include the ability to pay fees online, and to hold conversations with other MAC members.
- **Measuring Up Select Committee of Council** helps make Whistler more inclusive and accessible; current project has been to collate and centralize an online accessibility resource guide which will be incorporated into the RMOW website. This resource guide will have a link to our Seniors Access Guide, and our Access Guide will have a reciprocal link to the RMOW site.
- **Senior’s Centre** ... WAHOO! What a lovely space. Thanks to all of you for coming out in September to support the official opening of the centre. We are planning our first BBQ evening (hoping for early June) to take advantage of the outdoor space and the new BBQ as well as the comfy sofas and chairs indoors. Stay tuned for this event announcement!
- Our **SENIOR’S NEEDS ASSESSMENT GROUP** remains active, and they ARE finding ways to ensure active ageing here in Whistler ... let’s have a look at the status of their goals for 2012 as outlined at last year’s AGM ...

2012 Goal	Status
1. 3 rd Reprint of Access Guide for Seniors	☑Completed
2. 3 rd Annual Seniors' Lifestyle Expo and Flu Clinic	☑Completed
3. Advocate for senior's housing opportunities for Whistler seniors	☑Ongoing: WHA, RMOW, private developers
4. Implementation of our New Horizon's for Seniors grant (\$16,000) to outfit a seniors meeting place at the Whistler Blackcomb Foundation Social Services Centre in partnership with Whistler Community Services Society and to startup intergenerational programming between seniors and youth	☑Completed
5. Rebranding	☑Completed
6. Re-instatement of seniors column in The Question	☑Completed
7. Redesign of MAC website	☑Completed

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- The following projects are underway for 2013:
 - 2nd Annual Town Hall Meeting in planning stage
 - third annual senior's lifestyle fair was a huge success and this year's will be even better
 - third Resource Guide for Seniors publication circulated, and the fourth is in the planning stages. This year MAC will once again sponsor a centerfold ... this time a Downsizing Guide for this stage in our lives
 - representation on the Vancouver Seniors Forum funded by the United Way
 - representation on the Measuring Up Select Committee of Council
 - representation on the Seniors' Transportation and Access Resources Board
 - representation on the Sea2Sky Corridor Transportation Task Force under the chair of VCH
 - strategizing a membership drive

5.2 Treasurer's Report (Mark Watson)

Treasurer Watson thanked Doreen Watson for her tireless computer work and recognized past Treasurer Doug Deeks for his many years of inspiration prior to his passing in 2012. Treasurer Watson is stepping down and Rosemary Cook will resume the position of MAC Treasurer. He thanked the Board of Directors, the MAC Focus Group and President Lawther for all their support during his term. Treasurer Watson then provided a review of the revenue and expenses for 2012:

**MATURE ACTION COMMITTEE
WHISTLER, BC**

**FUND STATEMENT
FOR THE PERIOD FEBRUARY 1, 2012 TO JANUARY 31, 2013**

	Previous Year 2012	Current Year 2013
BANK BALANCE - FEBRUARY 1	\$5,288	\$2,897
CASH OPERATIONS DURING YEAR		
Receipts:		
Membership Dues	1,140	1,983
Donations	0	0
	1,140	1,983
Expenditures:		
Annual General Meeting	883	562
Society Act registration fee	40	25
MAC Website development & maintenance	157	292
Senior's Town Hall	0	80
Senior's Life Style Fair	255	0
Board Sundries	193	45
Postage/box rental	165	157
Senior's Drop-in (hall rental)	231	0
Access Guide (printing/advertising)	1,206	335
Petty Cash*	50	0
Senior's Speaker presentations	165	0
Senior Housing Survey (advertising)	168	0
Bank service charges	18	18
	3,531	1,514
Net Receipts (Expenditures)	-2,391	469
BANK BALANCE – JANUARY 31, 2013	\$2,897	\$3,366

*Note: Petty Cash balance January 31, 2013 \$50.00

It was moved by L. McKean, seconded by D. Armour, that the financial report be approved as circulated and presented. Motion carried.

5.3 Nominating Committee Report (Marg Pallot)

As required by MAC By-laws, the current Directors retired at this time. Director Pallot reported a good response for nominations in response to the invitation circulated to all members.

Nominations for the upcoming year are as follows:

- a) Three Year Term: Gary Watson, Freda Cook, Rosemary Cook, Bobbi Sandkuhl, Jan Simpson and Stacy Murl
- b) Two Year Term: Bruce Hawkshaw, Bob Calladine and Sue Lawther
- c) One Year Term: Gord Leidall and Marg Pallot (leave of absence)
- d) Completed Term: Mark Watson, Gary Watson and Freda Cook (can be nominated again)

It was moved by L. McKean and Seconded by E. Durlacher that the nominations be approved.

Motion carried.

The President, Vice President, Secretary and Treasurer will be appointed at the next Board meeting. Thanks again to our retiring Board of Directors for their dedication and support over the past year.

5.4 Membership Committee Report (Marg Pallot)

It was reported that we currently have 212 members with 77 couples and 58 single members. This is down from 245 members in 2012 as many are not renewing for various reasons. Also, many have not paid their 2013 fees and some couples are not paying \$15 per person for their support of MAC.

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It was moved by D. Watson and Seconded by S. Smith to accept the Membership Committee Report as given. Motion carried.

5.5 Housing Committee Report (Gord Leidal)

This past year has been relatively quiet for seniors housing, both in terms of expressed interest from our members, and until just recently, in terms of opportunities.

MAC Directors continue to follow-up on 'seniors housing' in Whistler when new opportunities arise, consulting with the Whistler Housing Authority [WHA], RMOW planners and Developers. Also one of our Directors has a continuing presence on the WHA Board.

As most of you already know, three seniors housing opportunities either exist or are in process as part of more comprehensive developments. They include: [1] Cheakamus Crossing, located at the south end of Whistler; [2] the Rainbow Lands, located immediately north of Alpine Meadows; and [3] the Holborn Property, located north of Lorimer Road at the north end of Northlands Boulevard.

So, a brief update on their status :

At Cheakamus Crossing

Through the Whistler Housing Authority there are 24 ownership type housing units allocated for seniors & the physically challenged [adaptive] at Cheakamus Crossing, including 6 townhomes [in The Rise] and 18 apartment style units [in The Falls]. As of today seniors & adaptive residents occupy 5 units in The Rise and 5 units in The Falls for a total of 10, with the remainder owned & occupied by Whistler residents from the WHA waitlist. On resale for any of those 24 units, they will first be offered to qualified Whistler seniors & adaptives. All of these units are both occupancy and price restricted. Over the past year 2 of these units have changed hands.

Recently new at Cheakamus Crossing is a proposed 'Co-Housing' development. We understand that it will be 'multi-generational', with opportunities for seniors. A marketing event is being planned for early summer, and there may be an earlier event [within the next month] for MAC members to learn more about this project directly from the Developer.

At Rainbow

There are two relatively large lots at Rainbow zoned for seniors housing.

Lot 11 at Rainbow, owned by the Innovation Building Group, is zoned for a maximum of 20 'seniors occupancy restricted market-priced' housing units, priced capped after the first sale. A

project was marketed during the latter part of 2010 based on a preliminary design concept, but due to insufficient interest at that time, the development did not proceed.

Lot 10 at Rainbow is owned by RMOW, and it is zoned for a maximum of 20 'seniors occupancy and price restricted' units'. In 2011, following some preliminary architectural work, WHA-MAC presented an opportunity for seniors housing, but again there were insufficient purchasers ready to commit at that time.

Presumably development on these lots will proceed once there is a sense of demand and commitment from Whistler's seniors.

Also at Rainbow, we understand that development of the commercial area on Lot 9 will likely proceed within the next few weeks. This development also includes about 48-units of restricted resident housing. Both the WHA and Developer have agreed to offer some of these units to Whistler's seniors. So, this is a new opportunity, and you can learn more directly from the Developer, who is represented at this meeting.

At Holborn

With its location in proximity to Village North, Whistler's seniors have shown a high level of interest in this potential development for many years. The plan provides for 20 to 22 'seniors occupancy & price restricted' apartment style units. In addition a seniors' centre [or meeting place] would be included as a community amenity. The proposed development rezoning and sub-division has been ready for a fourth and final reading from Council now for several years, but is stalled due to current market conditions. While periodic discussions have taken place with the Developer, there is no indication that this development will be proceeding in the near term.

What About Rental Housing ?

While one of our goals has always been to create some rental units, it continues to represent a huge challenge to secure the necessary equity financing in today's economy; there are no senior's housing rental projects contemplated at this time. There is another option for rental housing, however, as the WHA does have a fairly large inventory of rental apartment units located throughout our community. While not specifically allocated for seniors, some MAC members may be eligible and could apply to be on the WHA rental waitlist as 'Whistler Retirees' .

Using the definition of 'over 55', there are approximately 24 seniors presently living in the WHA inventory of 232 units.

5.5 Senior Needs Action Planner Report (Melissa Deller)

Thank you all for coming out tonight. As I look around the room I see a lot of familiar faces and each year I'm getting to know more. For those of you who don't know me I'm Melissa Deller and I 'dig' old people.

(video plays) You might be wondering why I'm showing a video of 90 year olds running- It is inspiring to see but most importantly I would like to work with all of you in this room when your're in your 90's.

I work for Whistler Community Services as the Senior Needs Action Planner and have for the past 3 years.

There are many different hats that I wear within this job,

- Master Walker/Snowshoe
- I Host "The Club" 55+ Drop In that offers, weekly social opportunities, Guest Speakers, and monthly pot luck: **From Grand Opening Sept 6th to date there have been 290 participants at "The Club" Drop In**
- Access Guide- Inclusive resource guide for seniors
- Seniors Expo linked with the Flu Clinic: **140 participants this year**
- Write for Silver Lining- Column in the Question.
- Senior Outreach:
 - That is providing free confidential support with anyone experiencing challenges with aging OR in need of resources. Over the 3 years I have learned and continue to be updated about what services ARE available in our community.
 - I've been able to support older adults as they grieve the loss of a loved one, help a daughter navigate the health care system for her mom, Connect an older adult with a government supported Physio program,
 - **This year I have had 150 1:1 meetings where I connected with an older adult. That could be over coffee, a walk or come in for a meeting.**
- **INTERGENERATIONAL Opportunities:**
 - Working with Whistler Secondary School on an Intergenerational Program.
 - This is a pilot project that has the opportunity to grow. Bev Oakley the principle of the high school, is very flexible and is excited to have older adults in the high school. We have outlined a few areas such as gardening, Food-prepping, cooking, preserving, Crafts/textiles. We are NOT limited to these areas, if you have a skill or would like to volunteer within the high school
 - The commitment is very flexible. Let me know what you offer. If you have any questions please connect with me this evening or give me a call.

What's to come!

The Programming has been expanded over this year,

- Walking program in now year round
- There have been connection with the Pemberton Seniors for a Luncheon and I'm looking forward to having more.
- Monthly pot lucks- Last Thursday of each month
- Monthly movies
- More wonderful articles in Question Newspaper "The Silver Lining" column
- Continue to sit on a Sea to Sky Transportation Committee that is looking at addressing transportation challenges within the corridor.

- For those of you who know me, please take the opportunity to give me feedback about what you would like to see offered & participate in. For those of you who are meeting me for the first time, I don't bite and I'm sure I can get someone in this room to give me a good reference.

6.0 GENERAL DISCUSSION AND QUESTIONS

President Lawther updated the membership on Lyndsay Green's new book to be released in May 2013 **The Perfect Home for a New Life : Housing ourselves for the future**. This is a follow up to You Could Live a Long Time : Are You Ready which gave inspiration to a popular speaker series for MAC members. MAC is cited in the book and members are urged to read the book and pass it on to friends and family. It is informative, easy to read, and incredibly valuable in considering residential options as we age. Ms Green will be speaking at a Vancouver book launch later in May, and the date and time will be posted on Facebook and our MAC website. The book will be available online and through the Armchair bookstore here in Whistler.

7.0 ADJOURNMENT

Vice Pres. Hawkshaw thanked the assembly for attending the meeting, acknowledged the retiring Directors for their contributions over the past years and welcomed the new Directors. The 18th meeting of the Mature Action Community of Whistler was adjourned at 7:50 PM.

It was moved by L. McKean and Seconded by J. Simpson that the meeting be adjourned.

Motion carried.

A special speaker presentation was provided by Mayor Nancy Wilhelm-Morden called "Whistler is Terrific" outlining the challenges and opportunities for the new Council in their first one and a half years in office, including future opportunities.